

## Parkland 2025-26 Season - General Details

### 2025-26 EYBA Season Information

The season begins early September with evaluation sessions at 13U and 15U levels (See Tier 1/2 Program details below). These sessions will group players of like ability onto teams to compete against similar strength teams from other communities in the city.

11U through to 18U teams will compete in a developmental/recreational City League from October through February. In March, City playoffs are held where the top tier teams from Tier 1,2 and Tier 3 Divisions will be eligible to participate in the Provincial championships later in March.

Equipment - All players require clean, indoor athletic shoes and a properly sized basketball. Jerseys will be supplied to teams in 11U, 13U, 15U and 18U categories.

### 2025-26 Jr. NBA and 7U – 9U House league Season Information

Jr. NBA Program (House):

- Introduction to basketball co-ed program working to grow our athletes understanding and love of the game. If numbers allow, these athletes may start playing some modified games in later sessions.
- 10 sessions / Sat Mornings - Start September 27 - December 13, Time & Location TBD

7U/9U Program Details (House):

- The Parkland 7U/9U Program places emphasis on developing basic skills in a non-competitive environment.
- **Sessions / Gameplay** are on Saturdays and are 1.5hr slots.
- 45 minutes of the session will be skills training with coaches and players / the remaining 45 minutes will be 4 x 4 gameplay with coach interaction to encourage development.
- Introductory Sessions Start Sept 27th
- Regular season games October 18th - March 28<sup>th</sup>

Ball Size:

Rookie Ball: Jr. NBA

Size 5: (27 1/2") - 7U/9U Mites and 11U Boys/11U Girls

Size 6: (28 1/2") - 13U Boys/13U Girls, 15U Girls and 18U Girls

Size 7: (29 1/2") - 15U Boys and 18U Boys

[REGISTER HERE](#)